

H2R's Manager Bootcamp: Core



The core program is four 90 minute virtual training sessions held on a weekly basis. Additionally you get one leadership assessment and one coaching session included in this program.

H2R's Manager Bootcamp: Core is ideal for:

All leaders that are looking for a management refresher, new managers, supervisors, team leaders, those with high potential to move into a management role and individuals who have not received management training. **To preserve the intimate and interactive nature of this training, the bootcamp is limited to 21 participants. Register early to reserve your spot!** team leaders, those with high potential to move into a management role and individuals who have not received management training.

What you'll learn:

By the end of H2R Manager Bootcamp: Core you'll be able to:

- **Session 1:** Leading Self: Understand and articulate your leadership beliefs along with your own personal mission and vision
- **Session 2:** Leading Self and Others: The leadership assessment debrief AND this session will take you through the importance of values based leadership and how it impacts our happiness at work, our productivity and the quality of our relationships.
- **Session 3:** Leading Others: Taking our lead from session 3, we will move into understanding how values impact relationships and trigger conflict. You will be introduced to conflict styles and techniques for managing conflict.
- **Session 4:** Leading Systems: In this final session, you will learn how to lead your team as you encounter and work through change. You will be introduced to systems thinking as well as two change management frameworks.

What you get:

In addition to four training sessions you will also get a leadership assessment profile (completed prior to training) and a personal one on one debrief with a leadership coach.

Program Details:

Each of the 4 sessions that make up this program take place on the following days:

February 17th, 2022, 10:30 am - 12:00 pm EST

February 24th, 2022, 10:30 am - 12:00 pm EST

March 3rd, 2022, 10:30 am - 12:00 pm EST

March 10th, 2022, 10:30 am - 12:00 pm EST

You'll receive calendar invites for each session from H2R once your registration has been completed, which will include Zoom meeting details.

How big are class sizes? Maximum of 21 participants and filled on a first-come, first-served basis.

Registration fees: \$1199 + HST per employee

How to Register: Email Admin@yourh2r.com to reserve your spot



Meet The Facilitator:



For 20 years **Jackie Lauer** has been leading large and small scale change initiatives particularly around workplace culture and leadership development. Passionate about leadership development and culture, Jackie grew her career leading technology sales teams at companies like ITI and Nortel. With a passion to create great leaders and high performing cultures she pursued multiple certifications in coaching, change management, emotional intelligence, neuroleadership, and mediation. For the past 20 years she has led a boutique consultancy specializing in building high-performing happy workplace with the science of positive psychology and neuroleadership. Her client lists includes organizations like Heartland, Department of National Defence, Axonify, Loblaw's, Plum, House of Commons, City of Barrie, University of Guelph, Dejero, eSentire, Zehr Group, Miovision, Arctic Wolf and many more. She has been a startup mentor helping technology CEOs grow and scale their businesses at Communitel and the Accelerator Centre. She is an often invited keynote speaker on topics related to culture, change, leadership, mindfulness, EQ, conversational intelligence and innovation. Best of all, she has a no BS approach, an infectious laugh and loves what she does.